

PUSHPAMANJARI

QUARTERLY NEWSLETTER

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PRINCIPAL'S DESK



Greetings from the Pushpagiri College of Nursing!

*"Our greatest ability as humans is not to change the world,
but to change ourselves"* **Mahatma Gandhi**

I feel pleased and honored to be part of an educational institution where every stakeholder is a learner and every day is an event to learn and determine. Monthly, our Continuing Nursing Education department has been conducting various learning activities like Guest lecture series, Peer teaching, Journal presentations, webinars etc. to enhance the growth of both our staff and students. Pushpagiri college of Nursing understands that in-service education is the most powerful weapon to attain excellence in the quality of education.

We remain indebted to our respectable management for the support, tremendous resources and infrastructure, to our supportive and involved parent community and mostly to our outstanding students. I am sure that with the help of all the stakeholders and their continuous support, we will be able to take the college to the next highest level of excellence.

With warm regards,
Prof. Vineetha Jacob
Principal

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Newsletter Publisher : **Rev. Fr. Aby Vadakkumthala**
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Sub Editors : **Prof. Sr. Mary Jyothi OSS,**
: **Ms. Jeena N. Nair**

ACTIVITIES AT A GLANCE

ACADEMIC PURSUITS



P. T. A. MEETING

Pushpagiri College of Nursing conducted P.T.A. meeting for B.Sc Nursing students for evaluating their academic performance which was held on 30th May, 2023. Nearly 40 - 45 parents from the each batches participated.

CONTINUING NURSING EDUCATION

GUEST LECTURE SERIES

PUSHPAGIRI COLLEGE OF NURSING
cordially invites you to the...
GUEST LECTURE SERIES
On
What is new in Pediatric Sepsis?
Resource Person
Dr. Carol Sara Cherian
Professor
Dept Of Pediatrics
Pushpagiri Institute Of Medical Sciences
& Research Centre
Organized by
CHILD HEALTH NURSING DEPARTMENT
19TH MAY 2023
12N -1PM
@ Conference Hall



Dept. of Child Health Nursing organized a Guest Lecture series on the topic “What is new in Pediatrics Sepsis”. The Session was handled by Dr. Carol Sara Cherian, Professor, Dept. of Pediatrics, Pushpagiri Institute of Medical Sciences and Research Centre on 19th May, 2023 at conference room. 25 faculty attended the same.

PUSHPAGIRI COLLEGE OF NURSING
cordially invites you to the...
CNE on Nursing Process (Nursing Diagnosis)
13th June 2023
2 PM- 3 PM
@ Conference hall
Organized by Dept. of F...

PUSHPAGIRI COLLEGE OF NURSING
cordially invites you to the...
CNE on Nursing Process (Assessment)
20th June 2023
2 PM- 3 PM
@ Conference hall
Organized by Dept. of Foundations Of Nursing

PEER TEACHING

Department of Nursing Foundations organized a Peer Teaching regarding Nursing process. Ms. Linda Varghese, Asst. Professor, dealt with the topic ‘Nursing Assessment’, Ms. Shibi Mariam Thomas dealt with ‘Nursing Diagnosis’, Ms. Amalu Anna Saji took the session on ‘Nursing Goal and Nursing Intervention’, ‘Implementation and Evaluation of nursing care’ was taken by Ms. Ann Merin on 7th, 13th, 20th June, 2023 respectively at the conference room. About 30 faculty participated in these sessions.

EFFORTS TOWARDS INTERNATIONAL COLLABORATION



Pushpagiri College of Nursing in association with NAVIGO, UK organized a trans-cultural meet on 03rd May, 2023 at 2pm. The main objectives of the meet were to plan and discuss future reciprocal relationships and collaboration between UK and Pushpagiri. The delegates from UK included eight officials from different hospitals of UK. The session started with a prayer and welcome speech was delivered by Prof. Vineetha Jacob, Principal Pushpagiri College of Nursing. Prof. Sr. Mary Jyothi OSS, Vice Principal (Admin.), presented an overview regarding the Pushpagiri College of Nursing. Mr. Renji George John, Associate Professor, Department of Mental Health Nursing gave an overview of the B.Sc. Nursing Syllabus in India. Following this, Ms. Virginia Russell, matron for overseas workforce, York and Scarborough Teaching Hospital, NHS, York Trust, UK, presented an overview of Nursing in UK and Mrs. Debbie Bagley, Associate Director of Nursing for Surgery and Critical Care, Northern Lincolnshire and Goole Hospital presented on care for the deteriorating patient in the UK. Other team members were Ms. Emma George, Asst. Chief Nurse, York and Scarborough Teaching Hospital, NHS, York Trust, UK. Mr. Michael Searby, Matron Surgery and Critical Care Clinical Sources, Northern Lincolnshire and Goole Hospital; Mrs. Michelle Hailey, Matron Surgery and Medicine Clinical Services, Northern Lincolnshire and Goole Hospital, Mrs. Jane Miller, Chief Executive, Care Plus Group, Dr. Mathew Fortran, General Practitioner and Clinical Lead for the Humber and Northern Yorkshire Training Hub, Dr. Johaan Philip, Consultant Psychiatrist, NAVIGO. After the presentations, there were informal interactions with students and teachers. Ms. Aradhana Maniyappan, Asst. Professor, Dept. of Medical Surgical Nursing proposed the vote of thanks. 70 professionals participated in the event.

ACTIVITIES IN COLLABORATION WITH NGO

UNARVU ANTI NARCOTIC CAMPAIGN@BODHANA

As a part of World no tobacco day, Thiruvalla Social Service Society (Bodhana), Caritas India and Pushpagiri College of Nursing jointly conducted an awareness program on 3rd June 2023 at Bodhana . P.R Preseena, Rtd District Education Officer inaugurated the program. Bishop Thomas Samuel blessed the program Mr. S. Arshad, DYSP Thiruvalla delivered the presidential address and Mrs. Rakhi k Babu, Teacher, St. Thomas HSS Eruvellipra, Mr. Saji Mathew, President of Bodhana social service society, Thiruvalla and Fr. Samuel, Director of Bodhana social service society, Thiruvalla delivered the felicitation speech. After that third year B.Sc Nursing students performed street play named “പുകയുന്ന ജീവനുകൾ ” regarding prevention and cessation of tobacco smoking. The program ended with flashmob. Around 150 people participated.



BEAT PLASTIC POLLUTION

Social Forestry Pathanamthitta, Thiruvalla, Municipality Pathanamthitta, Joy Alukkas foundation and Pushpagiri College of Nursing jointly conducted the World Environmental Day celebration on 5th June, 2023 at Joy Alukkas showroom. Mrs. Anu George, Municipal Chairperson inaugurated the programme and honored the retired forest officers. Mr. Mathews Chalakuzhi, Municipal Counsellor, Mr. John, Social Forest Range Officer, Pathanamthitta, Mr. Shelton. V. Rapheal, Mr. Sijo Joseph, Mr. Franklin P. F. and Mr. Rakesh P. etc. from the Joy Alukkas foundation were actively involved in the event. On behalf of Pushpagiri College of Nursing, Prof. Sr. Mary Jyothi OSS, Vice Principal and Sr. Mayukha SIC, Associate Professor, Pushpagiri College of Nursing felicitated the honoraries & Joy Alukas for the initiative. Then fourth year B.Sc. Nursing students (25 NSS volunteers) presented an awareness programme related to theme “Beat Plastic Pollution.”



ORIENTATION ON YOUNG INNOVATORS PROGRAMME 5.0



SSGP and IQAC unit of Pushpagiri College of Nursing in association with K-DISC conducted an Orientation on young innovators programme 5.0 on 17th June, 2023. Mrs. Meena, District co- coordinator, Mr. Jinto Sebastin and Susan Serah, YIP intern, Tiruvalla took classes. Around 250 students participated the same.

VEGETABLE GARDEN @ PCON



Agriculture harvesting and selling vegetables from the PCON garden.

OBSERVANCE OF HEALTH DAYS BY VARIOUS DEPARTMENTS

WORLD DIGESTIVE HEALTH DAY



Dept. of Medical Surgical Nursing organized a Poster competition as part of World Digestive Health day observance on 29th May, 2023 at the College library.

WORLD BLOOD DONOR DAY MEDICAL CAMP

As a part of blood Donor day, Dept. of transfusion medicine and immunohematology of Pushpagiri Medical College and Dept. of Community Health Nursing, Pushpagiri College of Nursing jointly conducted a blood donation camp at St. Thomas Marthoma Church, Mulakuzha on 14th June 2023. Fr. K. A. Abraham, Vicar, St. Thomas Marthoma Church welcomed the gathering and fourth year B.Sc. Nursing students provided health education regarding significance of blood donation. Around 29 people donated blood and five students from Fourth year B.Sc. Nursing batch donated blood namely Mr. Adithyan. R. Nair, Ms. Aksa B.S., Ms. Andrea Antony, Ms. Anns Mariya John and Ms. Daniya John.



Department of Medical Surgical Nursing organized a slogan competition as part of world Blood Donor Day observance on 16th June, 2023.

YOGA DAY CELEBRATIONS

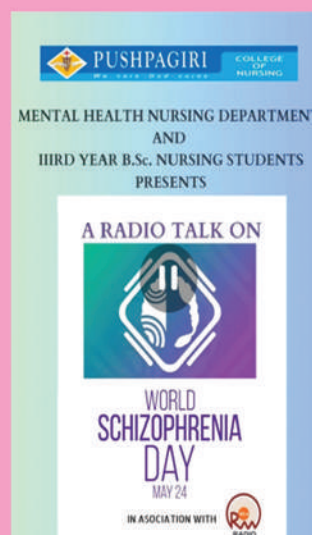


As a part of International Yoga Day celebrations, NSS unit and Department of Nursing Foundations jointly performed Yoga asanaas. They also attended the PM Modi's address live on 21st June 2023 at 7.30 am. Nearly 75 beneficiaries benefited from the event.

SCHOOL HEALTH PROGRAMME



As part of Yoga Day observance, the Dept. of Community Health Nursing organized a school health programme at Govt. Model UP School, Mathil bhagam on 22nd June, 2023. 50 children participated in the event.



A RADIO TALK ON WORLD SCHIZOPHRENIA DAY

Dept. of Mental Health Nursing and third year B.sc Nursing students jointly observed World Schizophrenia Day on 24th May, 2023 by conducting a radio talk.

DEPARTMENTAL JOURNAL CLUB



Ms. Jyothi J. R., presented a journal article on the topic 'New Developments in Neonatal Respiratory Management' on 10th May, 2023 on behalf of the Dept. of Child Health Nursing faculty benefited from it.

READING WEEK CELEBRATION

Reading week celebration was jointly organized by College library and NSS Unit on 23rd June, 2023 at College Auditorium by an external guest lecture. Prof. A. T. Francis, HOD, Rajagiri College of Social Sciences, Kochi spoke about the necessity of reading and the physical, mental and emotional outcome of reading. Mr. Chandy Abraham, Chief Librarian, Pushpagiri Medical College also participated in the session. 250 participants actively involved



Dept. of Mental Health Nursing and third year B.Sc Nursing students jointly observed the Reading day at Psychiatry ward of Pushpagiri Medical College Hospital on 23rd June, 2023. Around, 15 bystanders participated.



COMMUNITY EXTENSION ACTIVITIES OF PCON

TRIBAL HEALTH CARE ACTIVITIES

KARUTHAL 2023



21st April, 2023.



9th June, 2023.

Monthly Health Camp "KARUTHAL 2023" was conducted at Gavi in association with Primary Health Centre, Seethathodu and Pushpagiri College of Nursing Thiruvalla. Almost every month, faculty and students serve food kits, clothing, other essentials and help in providing treatment to the tribal people who are needy. On an average, around 150 families benefit from the camp every month.

SNA/NSS/UNION/ ACTIVITIES

COLLEGE UNION ELECTION

College union elections were conducted on 3rd June, 2023. The new office bearers are Chairperson—Ms. Andrea Antony (4th year), University Union Counselor—Ms. Abiya Ann Biju (4th year), Vice chairperson—Ms. Ancy Achamma (3rd semester), Secretary—Ms. Amala Jojo (4th yr.), Joint secretary—Mr. Adithyan R. Nair (4th yr.), Secretary (fine arts)—Ms. Angel Ann Cherian (3rd semester), Secretary (Sports and games)—Ms. Adithya K. R. (3rd semester). Congratulations to all the winners.

SNA HANDING OVER



SNA Handing over ceremony held on 17th June, 2023 at college auditorium

NURSES DAY CELEBRATION

Cordially invites you to the
NURSES DAY CELEBRATION

NIGHTINGALE MEMORIAL TALK;
Ms. Virginia Russel
Work Force Matron, UK

Date: 12/05/2023
Time: 2 -4 pm
Venue: PCON Auditorium

SNA & NSS UNIT



SNA and NSS unit of Pushpagiri College of Nursing jointly organized the Nurses' day celebration on 12th May, 2023. Around 250 participants

HARVEST 2.0

Let's Rejoice in Him



Thank you Eshegoe

JY Pushpagiri College of Nursing

JESUS YOUTH

Pushpagiri College of Nursing organized a Jesus youth orientation programme for the freshers on 19th June 2023, at Pushpagiri Senate hall.

PCON CELEBRACIO



Birthday and wedding Anniversary celebration held on 26th June, 2023 at the College conference room.



PCON as mentor

Pushpagiri College of Nursing as mentor to Dharmagiri College of Nursing for KUHS QAS

STUDENTS TOUR



Second semester students and staff at Wonderla on 27th June, 2023.

ACHIEVEMENTS & AWARD

ACADEMIC TOPPERS



STAFF ACHIEVEMENTS

CERTIFICATE COURSES

1. Prof. Sr. Mary Jyothi OSS, Mr. Renji George John, Mrs. Jeena N. Nair completed a one month hands-on NAAC procedural workshop on five core values and seven criterion held from 29th April to 30th May 2023.
2. Mrs. Silvy Mathew, Mrs. Rakhi. R. Nath, Ms. Suby Iype successfully completed the Certificate program in 'Young Adults Guidance and Counselling' via MOOC Platform during from August 2022 - February 2023 conducted by School of Family Health Studies, Kerala University of Health Sciences.
3. Prof. Renjini Devi, Mrs. Shibi Mariam Thomas, Sr. Mayukha SIC, Rakhi. R. Nath, Mrs. Suby Iype, Mrs. Aradhana Maniyappan, Mrs. Linda Varghese, Mrs. Ansu Raju, and Mrs. Linju Prasad successfully completed an internationally accredited Certificate program in Bioethics (3T-IBHSc faculty development programme) on 17th of April, 2023 organized by Pushpagiri Bioethics unit.

RESOURCE PERSON

Sr. Deepa OSS, Asst. Professor, Dept. of Mental Health Nursing, was a resource person in the State conference on Patient Safety Initiatives organized by the Nursing Service Department, at Pushpagiri Medical College Hospital on 10th May, 2023.

FAREWELL

Farewell party for 2018 batch B.sc Nursing Students held on 17th June, 2013



Thank you for your valuable service



**Thank you
for being part of the Pushpagiri
family and for your valuable contributions.
God bless you on your new journey
you are about to embark on.**



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Thank you Mrs. Asha Ashok, Lecturer, and Mr. Lanvin Tom, HR Executive for your cherished role.

ALUMNI CORNER



An alumni meet of Pushpagiri college of Nursing was held on 31st May, 2023 at 10 am at auditorium. The program was inaugurated by Sri. O. S. Unnikrishnan, Chairman, Kerala Folklore Academy. Rev. Fr. Jose Kallumalickal, CEO, Pushpagiri group of Institutions delivered the presidential address. Rev. Fr. Aby Vadakkumthala, Director of Institutions gave the message to alumni. Alumni having excellence in various areas were also awarded during the ceremony. The award winners are as follows-

AWARD WINNERS

Award for Nursing Excellence in Clinical practice



Nursing Entrepreneur Award

Ms. Sajna Mohammed (M.Sc. 2018-2020)

Award for Nursing Excellence in Education

Ms. Simi Thomas Mony (BSc 2002-2006) Mr. Jatheesh K. S. (BSc 2005-2009)



Nursing Research and Innovation Award:

Ms. Anu Savio Thelley (BSc.2004 batch)

OTHER ALUMNI ACHIEVEMENTS



Congratulations to Ms. Sajna Muhammed, CNE Co-ordinator, PHCC for being honoured as one of the outstanding nurses during the International Nurses' Day programme at PHCC, Qatar.

Congratulations to Honey (BSc. 2017 batch), for winning 2nd prize in solo song and 1st prize in Group song while working at Carithas, during the nurses' week celebrations.



Congratulations! Deline (BSc. 2017 batch), got second prize for district level speech competition held during nurses' week celebration 2023, while working at Taluk hospital, Ranni